Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	AHAlife Holdings Limited
ABN	15 006 908 701

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Michael Hill
Date of last notice	8 February 2018

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. Date of change	Jarumitoti Pty Ltd <jarumitoti fund="" super=""> Jarumito Pty Limited <the a="" c="" family="" jarumito=""> 19 July 2019</the></jarumitoti>
No. of securities held prior to change	10,176,100 fully paid ordinary shares
	175,000 unlisted and unvested options exercisable at \$0.20 per option, vests only when the 20-day VWAP of the Company's shares is \$0.60 or above, expires on 16 July 2019
Class	Fully paid ordinary shares
Number acquired	10,714,285 fully paid ordinary shares
Number disposed	Nil

⁺ See chapter 19 for defined terms.

Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.007 per share
No. of securities held after change	20,890,385 fully paid ordinary shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Participation in Placement announced 29 May 2019 and approved by shareholders at the Extraordinary General Meeting held 12 July 2019.

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder	N/A
(if issued securities)	
Date of change	N/A
No. and class of securities to	N/A
which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts	No
detailed above traded during a +closed period	
where prior written clearance was required?	
If so, was prior written clearance provided to allow	N/A
the trade to proceed during this period?	

⁺ See chapter 19 for defined terms.

If prior written clearance was provided, on what	N/A
date was this provided?	

⁺ See chapter 19 for defined terms.

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Introduced 30/09/01 Amended 01/01/11

Name of entity	AHAlife Holdings Limited
ABN	15 006 908 701

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Arnaud Massenet
Date of last notice	23 October 2017

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct and Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Pinnacle Trustees Limited ATF The Massenet Trust
Date of change	19 July 2019
No. of securities held prior to change	53,846,153 fully paid ordinary shares
Class	Fully paid ordinary shares
Number acquired	25,000,000 fully paid ordinary shares
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.007 per share
No. of securities held after change	78,846,153 fully paid ordinary shares

⁺ See chapter 19 for defined terms.

Nature of change	Participation in Placement announced 29
Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	May 2019 and approved by shareholders at the Extraordinary General Meeting
	held 12 July 2019.

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder	N/A
(if issued securities)	
Date of change	N/A
No. and class of securities to which interest related prior to	N/A
change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.

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Change of Director's Interest Notice

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Introduced 30/09/01 Amended 01/01/11

Name of entity	AHAlife Holdings Limited
ABN	15 006 908 701

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Christopher Colfer
Date of last notice	27 December 2017

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Indirect
Nature of indirect interest	Boatlife Holdings Pty Ltd as trustee for
(including registered holder)	Colfer Family Trust
Note: Provide details of the circumstances giving rise to the relevant interest.	
Date of change	19 July 2019
No. of securities held prior to change	50,000,000 fully paid ordinary shares
	1,635,000 unlisted and unvested performance rights
Class	Fully paid ordinary shares
Number acquired	7,142,857 fully paid ordinary shares
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.007 per share

⁺ See chapter 19 for defined terms.

No. of securities held after change	57,142,857 fully paid ordinary shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Participation in Placement announced 29 May 2019 and approved by shareholders at the Extraordinary General Meeting held 12 July 2019.

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder	N/A
(if issued securities)	
Date of change	N/A
No. and class of securities to which interest related prior to	N/A
change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.

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Introduced 30/09/01 Amended 01/01/11

Name of entity	AHAlife Holdings Limited	
ABN	15 006 908 701	

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mike Everett
Date of last notice	23 October2017

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Reunion Investments Pty Ltd Reunion Investments Pty Ltd ATF Everett Family Trust Reunion Investments Pty Ltd ATF Balmain Superannuation Fund Reunion Investments Pty Ltd ATF Reunion Investment Trust
Date of change	19 July 2019
No. of securities held prior to change	16,744,615 fully paid ordinary shares 212,500 unlisted and unvested options exercisable at \$0.20 per option, vests only when the 20 day VWAP of the Company's shares is \$0.60 or above, expires on 16 July 2019
Class	Fully paid ordinary shares
Number acquired	10,714,285 fully paid ordinary shares

⁺ See chapter 19 for defined terms.

Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.007 per share
No. of securities held after change	27,458,900 fully paid ordinary shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Participation in Placement announced 29 May 2019 and approved by shareholders at the Extraordinary General Meeting held 12 July 2019.

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

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Detail of contract	N/A
Nature of interest	N/A
Name of registered holder	N/A
_	IV/A
(if issued securities)	
	27/1
Date of change	N/A
No. and class of securities to	N/A
which interest related prior to	
change	
Note: Details are only required for a contract in	
relation to which the interest has changed	
Interest convince	NT/A
Interest acquired	N/A
Interest disposed	N/A
•	
Value/Consideration	N/A
Note: If consideration is non-cash, provide details	
and an estimated valuation	
Interest after change	N/A
L	l .

Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A

⁺ See chapter 19 for defined terms.

If prior written clearance was provided, on what	N/A
date was this provided?	

⁺ See chapter 19 for defined terms.