Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Healthia Limited
ABN	85 626 087 223

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mrs Lisa Michelle Roach
Date of last notice	26 April 2022

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

2. Indirect 3. Direct 4. Direct Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. 1. Matthew John Roach as trustee for The Roach Business Trust. Lisa Roach is the Principal and Primary Beneficiary of this trust. 2. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach 4. Lisa Michelle Roach	Direct or indirect interest	1.	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. 1. Matthew John Roach as trustee for The Roach Business Trust. Lisa Roach is the Principal and Primary Beneficiary of this trust. 2. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach		2.	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. 1. Matthew John Roach as trustee for The Roach Business Trust. Lisa Roach is the Principal and Primary Beneficiary of this trust. 2. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach		3.	Direct
registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. Trust. Lisa Roach is the Principal and Primary Beneficiary of this trust. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. Lisa Michelle Roach		4.	Direct
Note: Provide details of the circumstances giving rise to the relevant interest. 2. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach	Nature of indirect interest (including	1.	Matthew John Roach as trustee for The Roach Business
the relevant interest. 2. Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach			Trust. Lisa Roach is the Principal and Primary Beneficiary
 Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the Superannuation Fund. Lisa Michelle Roach 			of this trust.
trustee and a member of the Superannuation Fund. 3. Lisa Michelle Roach	the relevant merest.	2.	Roach Super (QLD) Pty Ltd as trustee for the Roach Super
3. Lisa Michelle Roach			
			•
4 Lisa Michelle Roach		3.	Lisa Michelle Roach
ii Liba i Michelle Roadii		4.	Lisa Michelle Roach
Date of change 1. Nil	Date of change		
2. 16 September 2022		2.	16 September 2022
3. Nil		3.	• • • • • • • • • • • • • • • • • • • •
4. Nil		4.	Nil
No. of securities held prior to change 1. 625,071	No. of securities held prior to change	1.	625,071
2. 207,255		2.	207,255
3. 22,693		3.	22,693
4. 264,840		4.	264,840
Class 1. Ordinary Shares	Class	1.	•
2. Ordinary Shares		2.	Ordinary Shares
3. Ordinary Shares		3.	Ordinary Shares
4. Performance Rights		4.	Performance Rights

⁺ See chapter 19 for defined terms.

01/01/2011 Appendix 3Y Page 1

Number acquired	1.	Nil
	2.	40,800
	3.	Nil
	4.	Nil
Number disposed	1.	Nil
	2.	Nil
	3.	Nil
	4.	Nil
Value/Consideration	1.	Nil
Note: If consideration is non-cash, provide details and estimated valuation	2.	\$1.47 per Share
	3.	Nil
	4.	Nil
No. of securities held after change	1.	625,071
	2.	248,055
	3.	22,693
	4.	264,840
Nature of change	1.	Nil
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	2.	Issue of Ordinary Shares under the institutional
	۷.	
		component of the accelerated non-renounceable pro rata
		entitlement offer announced to the market on 8
		September 2022.
	3.	Nil
	4.	Nil

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which	
interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	

Appendix 3Y Page 2 01/01/2011

 $[\]boldsymbol{+}$ See chapter 19 for defined terms.

Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded	No
during a ⁺ closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

01/01/2011 Appendix 3Y Page 3

⁺ See chapter 19 for defined terms.