Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Healthia Limited
ABN	85 626 087 223

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Wesley James Coote
Date of last notice	15 November 2022

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	1.	Indirect
	2.	Indirect
	3.	Indirect
	4.	Direct
	5.	Direct
Nature of indirect interest (including	1.	Wesley James Coote as trustee for the WJ Coote Family
registered holder)		Trust. Wesley James Coote is the trustee and a
Note: Provide details of the circumstances giving rise to the relevant interest.		beneficiary of the Trust
relevant interest.	2.	WJ Coote Superfund Pty Ltd ACN 606 409 045 as trustee
		for the WJ Coote Superfund. Wesley James Coote is a
		director and shareholder of the trustee and a beneficiary
		of the superannuation fund
	3.	ABC Investing Pty Ltd ACN 612 906 171 as trustee for
		ABC Investing Trust. Wesley James Coote is a director
		and shareholder of the trustee. In addition, WJ Coote
		Family Trust owns 33.33% of the issued units in the unit
		trust.
	4.	Wesley James Coote
	5.	Wesley James Coote
Date of change	1.	Not applicable
	2.	Not applicable
	3.	Not applicable
	4.	29 November 2022
	5.	Not applicable

No. of a constitute half to the first	1 4	442.206
No. of securities held prior to change	1.	442,396
	2.	477,878
	3.	810,052
	4.	380,000
	5.	161,253
Class	1.	Ordinary Class Shares
	2.	Ordinary Class Shares
	3.	Ordinary Class Shares
	4.	Performance Rights – each being a conditional
		entitlement to one ordinary share in the Company in
		accordance with the Company's Performance Rights
		Plan.
	5.	Ordinary Class Shares
Number acquired	1.	Nil
	2.	Nil
	3.	Nil
	4.	(a) 667,500 FY23 Performance Rights
		(b) 222,500 Retention Performance Rights
	5.	Nil
Number disposed	1.	Nil
	2.	Nil
	3.	Nil
	4.	Nil
	5.	Nil
Value/Consideration	1.	Nil
Note: If consideration is non-cash, provide details and	2.	Nil
estimated valuation	3.	Nil
	4.	Performance rights form part of Directors' remuneration
		and are issued for nil consideration.
	5.	Nil
No. of securities held after change	1.	442,396
J	2.	477,878
	3.	810,052
	4.	1,270,000
	5.	161,253
Nature of change	1.	Not applicable
Example: on-market trade, off-market trade, exercise of	2.	Not applicable
options, issue of securities under dividend reinvestment plan, participation in buy-back	3.	Not applicable
plan, participation in buy-back	4.	(a) Security holder approval was obtained at
		Healthia's Annual General Meeting on 29
		November 2022 (the AGM) to issue 2023
		Performance Rights to Directors pursuant to the
		Company's Performance Rights Plan (the Plan),
		which was approved by shareholders at the AGM.
		(b) Security holder approval was obtained at the AGM
		to issue Retention Performance Rights to
		Directors pursuant to the Plan, which was
		approved by shareholders at the AGM.
	5.	Not applicable

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which	
interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded	No
during a ⁺ closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A