Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	PainChek Limited
ABN	21 146 035 127

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	John Murray
Date of last notice	4 October 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct & Indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Nanjop Pty Ltd (as Trustee for the Murring Family Trust) (Director & Beneficiary)	
Date of change	19 December 2024	
No. of securities held prior to	1. 14,238,592 Fully Paid Ordinary Shares (Indirect)	
change	2. 2,772,847 Fully Paid Ordinary Shares (Direct)	
Class	Fully Paid Ordinary Shares (FPOS)	
	Options	
Number acquired	400,000 FPOS	
	400,000 Options	
Number disposed	-	
Value/Consideration	\$0.025 FPOS	
includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil – Options	

⁺ See chapter 19 for defined terms.

No. of securities held after change	 14,638,592 Fully Paid Ordinary Shares (Indirect) 400,000 Options (Indirect) 2,772,847 Fully Paid Ordinary Shares (Direct)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of fully paid ordinary shares and attaching options pursuant to the rights offer

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed	No
above traded during a +closed period where prior written	
clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

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Introduced 30/9/2001.

Name of entity	PainChek Limited
ABN	21 146 035 127

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Philip Daffas
Date of last notice	15 March 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	N/A
Date of change	19 December 2024
No. of securities held prior to	(1) 25,310,946 Ordinary Shares
change	(2) 19,404,907 Performance Rights
Class	Fully Paid Ordinary Shares (FPOS) Options Performance Rights
Number acquired	2,000,000 FPOS
	2,000,000 Options
Number disposed	12,611,867 Performance Rights
Value/Consideration includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	\$0.025 FPOS Nil – Options Nil - PR

⁺ See chapter 19 for defined terms.

No. of securities held after change	(1) 27,310,946 Ordinary Shares (2) 2,000,000 Options (2) 6,793,040 Performance Rights
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of fully paid ordinary shares and attaching options pursuant to the rights offer Lapse of performance rights allocated to Mr Daffas.

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

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Change of Director's Interest Notice

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Introduced 30/9/2001.

Name of entity	PainChek Limited
ABN	21 146 035 127

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Adam Davey
Date of last notice	4 October 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct & Indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Adam Davey as Trustee for the Shenton Park Investment Trust (Trustee & Beneficiary) and The Davey Super Fund	
Date of change	19 December 2024	
No. of securities held prior to change	 12,283,099 Fully Paid Ordinary Shares (Indirect) 2,449,617 Fully Paid Ordinary Shares (Direct) 	
Class	Fully Paid Ordinary Shares (FPOS) (Indirect) Options (Indirect)	
Number acquired	767,280 FPOS 767,280 Options	
Number disposed	-	
Value/Consideration includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	\$0.025 FPOS Nil – Options	

⁺ See chapter 19 for defined terms.

No. of securities held after change	 13,050,379 Fully Paid Ordinary Shares (Indirect) 767,280 Options 2,449,617 Fully Paid Ordinary Shares (Direct)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of fully paid ordinary shares and attaching options pursuant to the rights offer

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺ closed period where prior written clearance	No
was required? If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.

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Change of Director's Interest Notice

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Introduced 30/9/2001.

Name of entity	PainChek Limited
ABN	21 146 035 127

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Ross Harricks
Date of last notice	4 October 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct & Indirect	
Nature of indirect interest	Harricks Super Pty Ltd	
(including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Ross Harricks is a director and a shareholder	
Date of change	19 December 2024	
No. of securities held prior to	1. 8,321,120 Fully Paid Ordinary Shares (Direct)	
change	2. 1,879,412 Fully Paid Ordinary Shares (Indirect)	
Class	Fully Paid Ordinary Shares (FPOS)	
	Performance Rights	
Number acquired	1,040,141 Fully Paid Ordinary Shares	
	1,040,141 Options	
Number disposed		
Value/Consideration	\$0.025 FPOS	
includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil – Options	

⁺ See chapter 19 for defined terms.

No. of securities held after	3. 9,361,261 Fully Paid Ordinary Shares (Direct)		
change	4. 1,040,141 Options (Direct)		
	5. 1,879,412 Fully Paid Ordinary Shares (Indirect)		
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of fully paid ordinary shares and attaching options pursuant to the rights offer		

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.

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Change of Director's Interest Notice

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Introduced 30/9/2001.

Name of entity	PainChek Limited
ABN	21 146 035 127

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Cynthia Payne
Date of last notice	4 October 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct & Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	C&N Payne Family Pty Ltd – Cynthia Payne's spouse is a director and shareholder of this company
Date of change	19 December 2024
No. of securities held prior to	1. 1,153,003 Fully Paid Ordinary Shares (Direct)
change	2. 1,495,262 Fully Paid Ordinary Shares (Indirect)
Class	Fully Paid Ordinary Shares (FPOS)
	Options
Number acquired	186,908 FPOS
	186,908 Options
Number disposed	-
Value/Consideration	\$0.025 FPOS
includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil – Options

⁺ See chapter 19 for defined terms.

No. of securities held after change	 1,153,003 Fully Paid Ordinary Shares (Direct) 1,682,170 Fully Paid Ordinary Shares (Indirect) 186,908 Options (Indirect) 	
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of fully paid ordinary shares and attaching options pursuant to the rights offer	

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.