



3 July 2017

The Manager
ASX Market Announcements Office
ASX Limited
20 Bridge Street
Sydney NSW 2000

RSL Care RDNS Limited

Level 3, 44 Musk Avenue
Kelvin Grove QLD 4059
Phone (07) 3251 6200
Fax 1300 536 099

www.rslcare.com.au

ABN 90 010 488 454

By Facsimile: 1300 135 638

Dear Sir or Madam

Notice of ceasing to be a substantial holder in Estia Health Limited (EHE)

Please find enclosed a copy of the above notice.

The Notice has also been provided to the Company.

Yours Faithfully

Susan Stewart
Company Secretary

Form 605Corporations Act 2001
Section 671B**Notice of ceasing to be a substantial holder**To: Company Name/Scheme Estia Health Limited
ACN/ARSN 160 986 201**1. Details of substantial holder (1)**Name RSL Care RDNS Limited (RSL Care RDNS)
ACN/ARSN (if applicable) ACN 010 488 454The holder ceased to be a
substantial holder on 30 June 2017
The previous notice was given to the company on 16 June 2017
The previous notice was dated 16 June 2017**2. Changes in relevant interests**

Particulars of each change in, or change in the nature of, a relevant interest (2) of the substantial holder or an associate (3) in voting securities of the company or scheme, since the substantial holder was last required to give a substantial holding notice to the company or scheme are as follows:

Date of change	Person whose relevant interest changed	Nature of change (4)	Consideration given in relation to change (5)	Class (6) and number of securities affected	Person's votes affected
30 June 2017	RSL Care RDNS	Nil	Nil	Nil	Nil

3. Changes in association

The persons who have become associates (3) of, ceased to be associates of, or have changed the nature of their association (7) with, the substantial holder in relation to voting interests in the company or scheme are as follows:

Name and ACN/ARSN (if applicable)	Nature of association
Sentinel Investment Management Limited ACN 137 565 149 as trustee of Sentinel Health Trust	Sentinel and RSL Care RDNS were associates of each other pursuant to section 12 (b) of the Corporations Act as they were party to the heads of agreement dated 23 December 2016 that was provided to the Company on 15 June 2017. The heads of agreement expired on 30 June 2017.

4. Addresses

The addresses of the persons named in this form are as follows:

Name	Address
RSL Care RDNS	Level 3, 44 Musk Avenue, Kelvin Grove 4059
Sentinel	Level 9, 300 Queen Street, Brisbane 4000

Signature

Susan Stewart

Company Secretary

print name

capacity

signature

date 03/07/2017

Directions

- (1) If there are a number of substantial holders with similar or related relevant interests (eg, a corporation and its related corporations, or the manager and trustee of an equity trust), the names could be included in an annexure to the form. If the relevant interests of a group of persons are essentially similar, they may be referred to throughout the form as a specifically named group if the membership of each group, with the names and addresses of members is clearly set out in paragraph 4 of the form.
- (2) See the definition of "relevant interest" in sections 608 and 671B(7) of the Corporations Act 2001.
- (3) See the definition of "associate" in section 9 of the Corporations Act 2001.
- (4) Include details of:
 - (a) any relevant agreement or other circumstances because of which the change in relevant interest occurred. If subsection 671B(4) applies, a copy of any document setting out the terms of any relevant agreement, and a statement by the person giving full and accurate details of any contract, scheme or arrangement, must accompany this form, together with a written statement certifying this contract scheme or arrangement and
 - (b) any qualification of the power of a person to exercise, control the exercise of, or influence the exercise of, the voting powers or disposal of the securities to which the relevant interest relates (indicating clearly the particular securities to which the qualification applies).

See the definition of "relevant agreement" in section 9 of the Corporations Act 2001.
- (5) Details of the consideration must include any and all benefits, money and other, that any person from whom a relevant interest was acquired has, or may, become entitled to receive in relation to that acquisition. Details must be included even if the benefit is conditional on the happening or not of a contingency. Details must be included of any benefit paid on behalf of the substantial holder or its associate in relation to the acquisitions, even if they are not paid directly to the person from whom the relevant interest was acquired.
- (6) The voting shares of a company constitute one class unless divided into separate classes.
- (7) Give details, if appropriate, of the present association and any change in that association since the last substantial holding notice.