04Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity Estia Health Limited	
abn 37 160 986 201	

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	lan Thorley
Date of last notice	29 November 2019

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct and indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Thorne Investments Pty Ltd ATF Thorley Superannuation Fund Mr Thorley is a director of Thorne Investments Pty Ltd and a beneficiary of the superannuation fund.	
Date of change	05 and 06 March 2020	
No. of securities held prior to change	Direct: 33,513 fully paid ordinary shares 648,664 long term performance rights Indirect: 51,505 fully paid ordinary shares	
Class	 Long term performance rights Ordinary shares 	
Number acquired	Direct: 50,000 Ordinary shares	

⁺ See chapter 19 for defined terms.

Appendix 3Y Change of Director's Interest Notice

Number disposed	Direct: 81,430 Long term performance rights
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	28,169 - \$1.765743 per share 21,831 - \$1.739383 per share \$Nil per long term performance rights
No. of securities held after change	Direct: 83,513 fully paid ordinary shares 567,234 long term performance rights Indirect: 51,505 fully paid ordinary shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Purchase of shares on market. Lapse of FY17 long term performance rights.

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	Not applicable
Nature of interest	
Name of registered holder	
(if issued securities)	
Date of change	
No. and class of securities to which	
interest related prior to change	
Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration	
Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed	No
above traded during a +closed period where prior written	
clearance was required?	
If so, was prior written clearance provided to allow the	
trade to proceed during this period?	
If prior written clearance was provided, on what date was	
this provided?	

Date of Notice: 09 March 2020

⁺ See chapter 19 for defined terms.