Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of e	entity Lifespot Health Limited	
ACN	611 845 820	

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Andreas Empl
Date of last notice	17 January 2020

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Lifespot Capital AG Mr Empl is a director of Lifespot Capital AG, however, he holds no share interest in Lifespot Capital AG.	
Date of change	6 April 2020	
No. of securities held prior to change	14,157,126 Ordinary Shares	
Class	Ordinary fully paid shares	
Number acquired	Nil	
Number disposed	4,957,126	
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$0.05 per share	
No. of securities held after change	9,200,000 Ordinary Shares	

⁺ See chapter 19 for defined terms.

Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Share loan off market.
Support Suppor	

Part 2 - Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder	N/A
(if issued securities)	
Date of change	N/A
No. and class of securities to	N/A
which interest related prior to	
change	
Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration	N/A
Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	N/A

Part 3 - +Closed period

Were the interests in the securities or contracts	No
detailed above traded during a +closed period	
where prior written clearance was required?	
If so, was prior written clearance provided to	N/A
allow the trade to proceed during this period?	
If prior written clearance was provided, on what	N/A
date was this provided?	

Appendix 3Y Page 2 01/01/2011

⁺ See chapter 19 for defined terms.