

5 February 2016

The Manager

Company Announcements Office

ASX Limited

20 Bridge Street

Sydney NSW 2000

**Notification of release of restricted shares from escrow**

Under the terms of the voluntary escrow arrangements described in the Prospectus of Estia Health Limited ("**Estia**") dated 24 November 2014, the escrow period in respect of shares in Estia ("**Shares**") held by certain director and management shareholders will end following the first trading day on ASX after the announcement of Estia's half year results ending 31 December 2015.

Estia will announce its financial results for the half year ending 31 December 2015 on Thursday, 18 February 2016.

Accordingly, in accordance with Listing Rule 3.10A, Estia advises that:

- 13,876,200 Shares held by Aged Services Victoria Pty Ltd as trustee for The Heritage Lakes Trust;
- 857,241 Shares held by Nicson Investments Pty Ltd as trustee for The Yannopoulos Family Trust; and
- 250,000 Shares held by Bernard Joseph Vella as trustee for the Green Hills Trust,

will be released from escrow from Monday, 22<sup>nd</sup> February 2016.

-ENDS -