

Appendix 3Z

Final Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	HEALTH HOUSE INTERNATIONAL LIMITED
ABN	65 149 197 651

We (the entity) give ASX the following information under listing rule 3.19A.3 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of director	Henrik Sprengel
Date of last notice	10 August 2021
Date that director ceased to be director	16 November 2022

Part 1 – Director's relevant interests in securities of which the director is the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Number & class of securities
5,816,250 Fully Paid Ordinary Shares (ASX imposed escrowed until 24 April 2023) 3,877,500 Class A Performance Shares (ASX imposed escrowed until 24 April 2023) 4,338,750 Class B Performance Shares (ASX imposed escrowed until 24 April 2023) 4,800,000 Class C Performance Shares (ASX imposed escrowed until 24 April 2023)

Part 2 – Director's relevant interests in securities of which the director is not the registered holder

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Name of holder & nature of interest Note: Provide details of the circumstances giving rise to the relevant interest	Number & class of securities

+ See chapter 19 for defined terms.

Part 3 – Director's interests in contracts

Detail of contract	Not applicable
Nature of interest	
Name of registered holder (if issued securities)	
No. and class of securities to which interest relates	

+ See chapter 19 for defined terms.