Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Norwest Energy NL
ABN	65 078 301 505

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Michael John Fry
Date of last notice	4 January 2016

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct & Indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Hilmed Pty Ltd – a company in which the director has an interest. Fry Super Pty Ltd - the director is a beneficiary.	
Date of change	28 November 2016	
No. of securities held prior to change	Hilmed Pty Ltd – 5,743,825 shares Fry Super Pty Ltd – 4,222,242 shares MJ Fry – 4,000,000 unlisted options	
Class	Unlisted options	
Number acquired	Nil	
Number disposed	4,000,000 unlisted options	
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Nil	

⁺ See chapter 19 for defined terms.

Appendix 3Y Change of Director's Interest Notice

No. of securities held after change	Hilmed Pty Ltd – 7,179,785 shares Fry Super Pty Ltd – 5,277,807 shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buyback	Options cancelled due to expiry date being 28 November 2016.

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⁺ See chapter 19 for defined terms.

Part 2 – Change of director's interests in contracts

If so, was prior written clearance provided to allow the trade

If prior written clearance was provided, on what date was this

Detail of contract

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Not Applicable.

Nature of interest		
Name of registered holder		
(if issued securities)		
(ii issued securities)		
Date of change		
No. and class of securities to which		
interest related prior to change		
Note: Details are only required for a contract in relation to which the interest has changed		
Interest acquired		
Interest disposed		
Value/Consideration		
Note: If consideration is non-cash, provide details and an estimated valuation		
Interest after change		
Part 3 – ⁺ Closed period		
Were the interests in the securities	or contracts detailed	No.
above traded during a *closed period		
clearance was required?		

to proceed during this period?

provided?

⁺ See chapter 19 for defined terms.