

PARINGA BEGINS PRE-CONSTRUCTION ACTIVITIES AT POPLAR GROVE MINE

HIGHLIGHTS:

- As previously announced, Paringa has received all permits and is now fully financed to develop the Poplar Grove Mine, with early stage construction activities starting immediately
- Paringa has already begun exercising options to acquire the surface property for the Poplar Grove mine site, complimenting land secured for the mine's permitted Green River barge load-out facility
- Paringa will now establish power to the mine site, begin mobilization of site excavation equipment and advance remaining construction contracts over the coming weeks
- Poplar Grove remains on schedule for the start of mine construction to formally begin July 2017 with first coal production due July 2018

Paringa Resources Limited ("Paringa" or "Company") is pleased to announce that following the successful completion of the permitting and financing process, the Company has now begun exercising the options to acquire the surface property for the Poplar Grove mine ("Poplar Grove Mine") site and refuse area.

As announced to the Australian Securities Exchange on 6 September 2016, Paringa secured 100% of the rights to acquire the 318 acres of surface property required for the Poplar Grove mine site and refuse area, complimenting the surface property previously secured for the permitted barge load-out facility on the Green River.

Over the coming weeks, Paringa will also now begin establishing power to the Poplar Grove Mine site and begin mobilization of excavation equipment for the mine site construction. Poplar Grove remains on schedule to start mine construction July 2017 with first coal production due mid-2018.

Paringa's CEO, Mr. Todd Hannigan, said: "Following the successful completion of all technical studies and the permitting and the financing process, we remain highly focussed on delivering our development plan and we are now moving quickly into the construction phase at Poplar Grove.

Our team has outstanding experience in constructing coal mines, delivering them on time and on budget, and we expect to continue to build upon our strong track record of meeting or exceeding our commitments to shareholders."

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Figure 1: Photo of North East Corner of Poplar Grove Mine Site - Location of Box-Cut Development

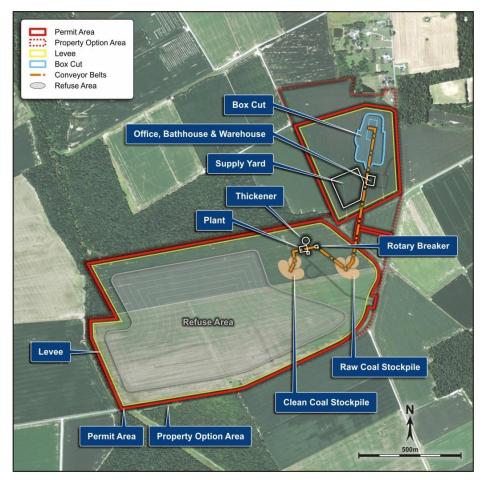


Figure 2: Poplar Grove Mine Site Layout

Competent Persons Statements

The information in this report that relates to Exploration Results, Coal Resources, Coal Reserves, Mining, Coal Preparation, Infrastructure, Production Targets and Cost Estimation was extracted from Paringa's ASX announcements dated March 28, 2017 entitled 'Expanded BFS Results Confirms Development Pathway to A\$850 million NPV' and December 2, 2015 entitled 'BFS Confirms Buck Creek will be a Low Capex, High Margin Coal Mine' which are available to view on the Company's website at www.paringaresources.com.au.

The information in the original ASX announcements that related to Exploration Results and Coal Resources is based on, and fairly represents, information compiled or reviewed by Mr. Kirt W. Suehs, a Competent Person who is a Member of The American Institute of Professional Geologists. Mr. Suehs is employed by Cardno. Mr. Suehs has sufficient experience that is relevant to the style of mineralization and type of deposit under consideration and to the activity being undertaken to qualify as a Competent Person as defined in the 2012 Edition of the 'Australasian Code for Reporting of Exploration Results, Mineral Resources and Ore Reserves' and to qualify as a Qualified Person as defined in the 2011 Edition of the National Instrument 43-101 and Canadian Institute of Mining's Definition Standards on Mineral Reserves and Mineral Resources.

The information in the original ASX announcements that related to Coal Reserves, Mining, Coal Preparation, Infrastructure, Production Targets and Cost Estimation is based on, and fairly represents, information compiled or reviewed by Messrs. Justin S. Douthat and Gerard J. Enigk, both of whom are Competent Persons and are Registered Members of the Society for Mining, Metallurgy & Exploration. Messrs. Douthat and Enigk are employed by Cardno. Messrs. Douthat, and Enigk have sufficient experience that is relevant to the style of mineralization and type of deposit under consideration and to the activity being undertaken to qualify as Competent Persons as defined in the 2012 Edition of the 'Australasian Code for Reporting of Exploration Results, Mineral Resources and Ore Reserves' and to qualify as Qualified Persons as defined in the 2011 Edition of the National Instrument 43-101 and Canadian Institute of Mining's Definition Standards on Mineral Reserves and Mineral Resources.

Paringa confirms that: a) it is not aware of any new information or data that materially affects the information included in the original ASX announcements; b) all material assumptions and technical parameters underpinning the Coal Resource, Coal Reserve, Production Target, and related forecast financial information derived from the Production Target included in the original ASX announcements continue to apply and have not materially changed; and c) the form and context in which the relevant Competent Persons' findings are presented in this presentation have not been materially modified from the original ASX announcements.