



8 April 2019

Australian Securities Exchange (**ASX**)
Level 40, Central Park
152-154 St George's Terrace
Perth WA 6000

BOARD APPOINTMENT AND RESIGNATIONS

Affinity Energy and Health Limited (**Company**) would like to announce that Mr. Josh Puckridge has today joined the board of the Company as a Non-Executive Director.

Mr Puckridge is a Corporate Finance Executive with significant experience within fund management, capital raising, mergers, acquisitions and divestments of projects by companies listed on the ASX. Mr. Puckridge maintains significant experience as a director of ASX listed companies, serving in both executive and non-executive capacities.

Currently, Mr Puckridge is a Non-Executive Director of Silver City Minerals Limited (ASX: SCI), Blaze International Limited (ASX: BLZ) and Lustrum Minerals Limited (ASX: LRM); he also holds a number of private positions and is an experienced Australian Financial Services Licence Responsible Manager (currently Director and Responsible Manager of AFSL 482 173).

The Company welcomes Mr. Puckridge to the board and is pleased to be able to utilise his experience to enhance the position of the Company as it deals with developing its near- and medium-term strategies for protecting and creating shareholder value.

In addition, the Company wishes to advise that Messrs Ramasamy Venkatesh and Peter Hatfull have today resigned from the Board of Directors.

Mr Venkatesh has been a Board member since 2017 and is resigning to focus on other business interests. Mr Peter Hatfull, a founding director, has also resigned to focus on other business interests. The Company wishes to thank these directors for their time and influence on the Company and wishes them every success in the future.

For, and on behalf of, the board of directors,
Affinity Energy and Health Limited

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