

# Appendix 3Y

## Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

<b>Name of entity</b>	<b>Traditional Therapy Clinics Limited</b>
<b>ABN</b>	<b>68 603 792 712</b>

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Jeffrey Edward Fisher
<b>Date of last notice</b>	3 September 2015

### Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Indirect
<b>Nature of indirect interest (including registered holder)</b> Note: Provide details of the circumstances giving rise to the relevant interest.	<b>Unlisted Options</b> held by JK Fisher Holdings Pty Ltd (ACN 104 061 190) ATF Fisher Investment Trust ( <i>Mr Jeffrey Fisher is a director of JK Fisher Holdings Pty Ltd and a beneficiary of the Fisher Investment Trust</i> )
<b>Date of change</b>	28 February 2016
<b>No. of securities held prior to change</b>	<ol style="list-style-type: none"><li><b>300,000 Fully Paid Ordinary Shares</b> held by JK Fisher Holdings Pty Ltd (ACN 104 061 190) ATF Fisher Investment Trust (<i>Mr Jeffrey Fisher is a director of JK Fisher Holdings Pty Ltd and a beneficiary of the Fisher Investment Trust</i>)</li><li><b>1,760,000 Unlisted Options</b> held by JK Fisher Holdings Pty Ltd (ACN 104 061 190) ATF Fisher Investment Trust (<i>Mr Jeffrey Fisher is a director of JK Fisher Holdings Pty Ltd and a beneficiary of the Fisher Investment Trust</i>)<ol style="list-style-type: none"><li>251,429 vested and exercisable</li><li>1,508,571 unvested</li></ol></li></ol>

+ See chapter 19 for defined terms.

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<b>Class</b>	<ol style="list-style-type: none"> <li>1. Fully Paid Ordinary Shares</li> <li>2. Unlisted Options</li> </ol>
<b>Number acquired</b>	<ol style="list-style-type: none"> <li>1. Nil</li> <li>2. Nil acquired. 251,429 unlisted options vested on 28 February 2016 and are now exercisable</li> </ol>
<b>Number disposed</b>	Nil
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and estimated valuation	Nil
<b>No. of securities held after change</b>	<ol style="list-style-type: none"> <li>1. <b>300,000 Fully Paid Ordinary Shares</b>              held by JK Fisher Holdings Pty Ltd (ACN 104 061 190) ATF Fisher Investment Trust (<i>Mr Jeffrey Fisher is a director of JK Fisher Holdings Pty Ltd and a beneficiary of the Fisher Investment Trust</i>)</li> <li>2. <b>1,760,000 Unlisted Options</b>              held by JK Fisher Holdings Pty Ltd (ACN 104 061 190) ATF Fisher Investment Trust (<i>Mr Jeffrey Fisher is a director of JK Fisher Holdings Pty Ltd and a beneficiary of the Fisher Investment Trust</i>)             <ol style="list-style-type: none"> <li>(i) 502,858 vested and exercisable</li> <li>(ii) 1,257,142 unvested</li> </ol> </li> </ol>
<b>Nature of change</b> Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Vesting of 251,429 unlisted options under the Traditional Therapy Clinics Limited Employee Share Ownership Plan. Terms and conditions of the options are set out in the Appendix 3X lodged with ASX on 3 September 2015.

**Part 2 – Change of director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	N/A
<b>Nature of interest</b>	N/A
<b>Name of registered holder (if issued securities)</b>	N/A
<b>Date of change</b>	N/A

+ See chapter 19 for defined terms.

<b>No. and class of securities to which interest related prior to change</b> <small>Note: Details are only required for a contract in relation to which the interest has changed</small>	N/A
<b>Interest acquired</b>	N/A
<b>Interest disposed</b>	N/A
<b>Value/Consideration</b> <small>Note: If consideration is non-cash, provide details and an estimated valuation</small>	N/A
<b>Interest after change</b>	N/A

**Part 3 – <sup>+</sup>Closed period**

<b>Were the interests in the securities or contracts detailed above traded during a <sup>+</sup>closed period where prior written clearance was required?</b>	N/A
<b>If so, was prior written clearance provided to allow the trade to proceed during this period?</b>	N/A
<b>If prior written clearance was provided, on what date was this provided?</b>	N/A

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<sup>+</sup> See chapter 19 for defined terms.