Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity Estia Health Limited		
	ABN. 37 160 986 201	

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Peter Arvanitis
Date of last notice	09/06/2016

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect	
Nature of indirect interest	Indirect interests comprise a relevant interest under s608(3) of the Corporations	
(including registered holder)		
Note: Provide details of the circumstances giving rise to the relevant interest.	Act 2001 (Cth) –registered holders are Aged	
	Care Services Victorian Pty Ltd as trustee	
	for the Heritage Lakes Trust and Peter &	
	Areti Arvanitis as trustees for the Arvanitis	
	International Investments Family Trust	
Date of change	10/06/2016	
No. of securities held prior to change	17,705,556 ordinary shares held as follows:	
	-13,876,200 ordinary shares held through Aged Services Victoria Pty Ltd as trustee for the Heritage Lakes Trust -3,829,356 ordinary shares held through the Arvanitis International Investments Family Trust.	
Class	Ordinary	
Number acquired	40,000	
Number disposed	Nil	

⁺ See chapter 19 for defined terms.

Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$194,120.00
No. of securities held after change	17,745,556 ordinary shares held as follows: -13,876,200 ordinary shares held through Aged Services Victoria Pty Ltd as trustee for the Heritage Lakes Trust -3,869,356 ordinary shares held through the Arvanitis International Investments Family Trust.
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buyback	On market

Part 2 - Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/a
Nature of interest	N/a
Name of registered holder (if issued securities)	N/a
Date of change	N/a
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/a
Interest acquired	N/a
Interest disposed	N/a
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/a

⁺ See chapter 19 for defined terms.

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Interest after change	N/a	

Part 3 - +Closed period

Were the interests in the securities or contracts	In accordance with the terms
detailed above traded during a +closed period	of the Company's Securities
where prior written clearance was required?	Trading Policy, the Board
	determined that the period
	from 9 June 2016 to 16 June
	2016 would be an open trading
	window for the purpose of that
	policy.
If so, was prior written clearance provided to allow	See above.
the trade to proceed during this period?	
If prior written clearance was provided, on what	See above.
date was this provided?	

⁺ See chapter 19 for defined terms.