Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	MANAS RESOURCES LIMITED
ABN	23 128 042 606

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	MARK ANDREW CALDERWOOD
Date of last notice	30 March 2015

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct & Indirect interest	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Amery Holdings Pty Ltd, an entity controlled by M A Calderwood.	
Date of change	28 July 2016	
No. of securities held prior to change		
20,480,175 ordinary fully paid shares	Amery Holdings Pty Ltd	
23,071,453 ordinary fully paid shares	Mark Andrew Calderwood	

Class	Shares
Number acquired	5,250,000
Number disposed	NIL

Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$14,438
No. of securities held after change	
20,480,175 ordinary fully paid shares	Amery Holdings Pty Ltd
28,321,453 ordinary fully paid shares	Mark Andrew Calderwood
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Subscription under a share purchase plan at \$0.00275 per share.

Part 2 – Change of director's interests in contracts

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed	No
above traded during a *closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001 Amended 01/01/11

Name of entity	MANAS RESOURCES LIMITED
ABN	23 128 042 606

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	COLIN JOHN CARSON
Date of last notice	30 March 2016

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct & Indirect interest Cadden Nominees Pty Ltd, an entity controlled by C J Carson.	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.		
Date of change	28 July 2016	
No. of securities held prior to change		
34,687,045 ordinary fully paid shares	Held in the name of Colin John Carson	
83,879,791 ordinary fully paid shares	Held in the name of Cadden Nominees Pty Ltd	
Class	Shares	
Number acquired	10,500,000	
Number disposed	N/A	
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$28,876	

No. of securities held after change		
39,937,045 ordinary fully paid shares	Held in the name of Colin John Carson	
89,129,791 ordinary fully paid shares	Held in the name of Cadden Nominees Pty Ltd	
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue under a Share Purchase Plan at \$0.00275 per share.	

Part 2 – Change of director's interests in contracts

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001 Amended 01/01/11

Name of entity	MANAS RESOURCES LIMITED
ABN	23 128 042 606

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	JUSTIN LEWIS
Date of last notice	30 March 2016

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect interest	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Bramshott Nominees Pty Ltd, an entity controlled by Mr Lewis and in which he is a director and shareholder.	
Date of Change	28 July 2016	
No. of securities held prior to change		
16,287,118 Ordinary fully paid shares	Bramshott Nominees Pty Ltd.	
Class	Shares	
Number acquired	5,250,000	
Number disposed	Nil	
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$14,438	

No. of securities	held after change		
21,537,118	Ordinary fully paid shares	Bramshott Nominees Pty Ltd.	

|--|

Part 2 – Change of director's interests in contracts

Interest after change	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest disposed	N/A
Interest acquired	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Date of change	N/A
Name of registered holder (if issued securities)	N/A
Nature of interest	N/A
Detail of contract	N/A

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above	No
traded during a +closed period where prior written clearance	
was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A