Rule 3.19A.3

Appendix 3Z

Final Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	Estia Health Limited ("Estia" or the "Company")
ABN	37 160 986 201

We (the entity) give ASX the following information under listing rule 3.19A.3 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of director	Peter Arvanitis	
Date of last notice	10/06/2016	
Date that director ceased to be director	31/08/2016	

Part 1 - Director's relevant interests in securities of which the director is the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Number & class of securities
N/A

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⁺ See chapter 19 for defined terms.

Part 2 - Director's relevant interests in securities of which the director is not the registered holder

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Name of holder & nature of interest Note: Provide details of the circumstances giving rise to the relevant interest	Number & class of securities
Aged Services Victoria Pty Ltd as trustee for the Heritage Lakes Trust	13,876,200 ordinary shares ¹
Peter & Areti Arvanitis as trustees for the Arvanitis International Investments Family Trust	3,869,356 ordinary shares ¹

Part 3 - Director's interests in contracts

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
No. and class of securities to which interest relates	N/A

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¹ Estia has been advised by Mr Peter Arvanitis that on 31 August 2016, he disposed of 17,745,556 ordinary shares in the Company.

⁺ See chapter 19 for defined terms.