Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity Estia Health Limited		
	ABN. 37 160 986 201	

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Peter Arvanitis
Date of last notice	01/10/2015

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect
Nature of indirect interest	Indirect interests comprise a relevant
(including registered holder) Note: Provide details of the circumstances giving rise to the relevant	Interest under section 608(3) of the
interest.	Corporations Act 2001 (Cth) – registered
	holders are Aged Services Victoria Pty Ltd
	as trustee for the Heritage Lakes Trust
	and Peter & Areti Arvanitis as trustees for
	the Arvanitis International Investments
	Family Trust
Date of change	09/06/2016
No. of securities held prior to change	17,505,556 ordinary shares held as follows:
	-13,876,200 ordinary shares held through Aged Services Victoria Pty Ltd as trustee for The Heritage Lakes Trust -3,629,356 ordinary shares held through the Arvanitis International Investments Family Trust
Class	Ordinary shares

⁺ See chapter 19 for defined terms.

Number acquired	200,000 as acquired by Peter & Areti Arvanitis as trustees for the Arvanitis International Investments Family Trust
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$940,851.66
No. of securities held after change	17, 705,556 ordinary shares, held as follows: -13,876,200 ordinary shares held through Aged Services Victoria Pty Ltd as trustee for the Heritage Lakes Trust -3,829,356 ordinary shares held through the Arvanitis International Investments Family Trust
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buyback	On market trade

Part 2 - Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/a
Nature of interest	N/a
Name of registered holder (if issued securities)	N/a
Date of change	N/a
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/a
Interest acquired	N/a
Interest disposed	N/a

⁺ See chapter 19 for defined terms.

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Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/a
Interest after change	N/a

Part 3 - +Closed period

Were the interests in the securities or contracts	In accordance with the terms
detailed above traded during a +closed period	of the Company's Securities
where prior written clearance was required?	Trading Policy, the Board
	determined that the period
	from 9 June 2016 to 16 June
	2016 would be an open trading
	window for the purpose of that
	policy.
If so, was prior written clearance provided to allow	See above.
the trade to proceed during this period?	
If prior written clearance was provided, on what	See above.
date was this provided?	

⁺ See chapter 19 for defined terms.