

**F&C Investment Trust PLC**

Exchange House, Primrose Street, London EC2A 2NY  
**Telephone** +44 (0)20 7628 8000 **Facsimile** +44 (0)20 7628 8188  
fandcit.com

**F&C Investment Trust PLC (“the Company”)**

**LEI: 213800W6B18ZHTNG7371**

**Compliance with Market Abuse Regulation – Share Buybacks/Issues**

The Company announces that it is satisfied that all inside information which the Directors and the Company may have in the period leading up to the announcement of its results for the six months ending 30 June 2019 has previously been, and will continue to be, notified via a regulatory information service. Therefore the Company is not prohibited from dealing in its own securities.

The mandatory closed period under MAR commences on 29 June 2019 and will last until the results in respect of the six months ending 30 June 2019 are published on or around 29 July 2019.

If in the period leading up to the announcement of the half yearly results the Directors of the Company come into the possession of any inside information, this will be notified to an RIS before any such transactions are undertaken.

Name of contact and telephone number for enquiries:

Hugh Potter  
For and on behalf of BMO Investment Business Limited, Secretary  
Telephone: 020 7628 8000

28 June 2019