

F&C Investment Trust PLC

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F&C Investment Trust PLC ("the Company")

LEI: 213800W6B18ZHTNG7371

Compliance with Market Abuse Regulation - Share Buybacks/Issues

The Company announces that it is satisfied that all inside information which the Directors and the Company may have in the period leading up to the announcement of its results for the six months ending 30 June 2020 has previously been, and will continue to be, notified via a regulatory information service. Therefore the Company is not prohibited from dealing in its own securities.

The mandatory closed period under MAR commences on 27 June 2020 and will last until the results in respect of the six months ending 30 June 2020 are published on or around 27 July 2020.

If in the period leading up to the announcement of the half yearly results the Directors of the Company come into the possession of any inside information, this will be notified to an RIS before any such transactions are undertaken.

Name of contact and telephone number for enquiries:

Hugh Potter For and on behalf of BMO Investment Business Limited, Secretary Telephone: 020 7628 8000

26 June 2020