

F&C Investment Trust PLC

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F&C Investment Trust PLC

(the 'Company')

LEI: 213800W6B18ZHTNG7371

Information disclosed in accordance with Market Abuse Regulation ('MAR') Article 19, paragraph 11

The Company announces that it is satisfied that all inside information which the Directors and the Company may have in the period leading up to the announcement of its results for the year ended 31 December 2021 has previously been, and will continue to be, notified via a regulatory information service. Therefore, the Company is not prohibited from dealing in its own securities.

The mandatory closed period under MAR will commence on 5 February 2022 and will last until the results in respect of the year ended 31 December 2021 are published, expected to be on or around 9 March 2022.

If in the period leading up to the announcement of the annual results the Directors of the Company come into the possession of any inside information, this will be notified to an RIS before any such transactions are undertaken.

Name of contact and telephone number for enquiries:

Jonathan Latter
For and on behalf of
BMO Investment Business Limited, Company Secretary
Telephone: 020 7628 8000

4 January 2022