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22 July 2022

F&C INVESTMENT TRUST PLC

LEI: 213800W6B18ZHTNG7371

TRANSACTION IN OWN SHARES

In accordance with Listing Rule 12.4.6, F&C Investment Trust PLC (the 'Company') announces today it has purchased the following number of its ordinary shares of 25 pence each on the London Stock Exchange through J.P. Morgan Securities plc.

Ordinary Shares:

Date of purchase:	22 July 2022
Number of ordinary shares purchased:	42,712
Lowest price per share:	857.00p
Highest price per share:	862.00p
Trading venue:	London
Total number of ordinary shares purchased:	42,712
Weighted average price (per trading venue):	858.9315p

The Company intends to hold the purchased shares in treasury.

Following the above transaction, the Company holds 42,107,705 of its ordinary shares in treasury and has 519,711,311 ordinary shares in issue (excluding treasury shares).

Therefore, the total number of voting rights in the Company is now 519,711,311. The above figure (519,711,311) may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the Company under the Financial Conduct Authority's Disclosure Guidance and Transparency Rules.

Name of contact and telephone number for enquiries:

Jonathan Latter
For and on behalf of
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Company Secretary
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