Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public. Introduced 30/9/2001.

Name of en	tity TASMAN RESOURCES NL
ABN	85 009 253 187

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Douglas Howard Solomon	
Date of last notice	12 November 2008	

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Direct or indirect interest	Direct	
	Indirect	
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	March Bells Pty Ltd (Family Trust) March Bells Pty Ltd atf Douglas H Solomon Superannuation Fund	
Date of change	26 November 2008	
No. of securities held prior to change	Direct	206,252 Ordinary Shares 29,168 31 Dec 2009 Options
	Indirect	18,899,059 Ordinary Shares 2,661,990 31 Dec 2009 Options
Class	Fully Paid Ordinary Shares	
	Options to acquire fully paid ordinary Shares at 20 cents or before 31 December 2009	
Number acquired	Direct	34,376 Ordinary Shares 34,376 31 Dec 2009 Options
	Indirect	3,141,512 Ordinary Shares 3,141,512 31 Dec 2009 Options
Number disposed	Direct	Nil Ordinary Shares Nil 31 Dec 2009 Options
	Indirect	Nil Ordinary Shares Nil 31 Dec 2009 Options
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$127,035.52	

No. of securities held after change	Direct	240,628 Ordinary Shares 63,544 31 Dec 2009 Options
	Indirect	22,040,571 Ordinary Shares 5,803,502 31 Dec 2009 Options
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Take up of rig	thts issue entitlement

Part 2 – Change of director's interests in contracts

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	