



MARKET RELEASE

14 January 2010

Healthzone Limited

TRADING HALT

The securities of Healthzone Limited (the "Company") will be placed in pre-open at the request of the Company, pending the release of an announcement by the Company. Unless ASX decides otherwise, the securities will remain in pre-open until the earlier of the commencement of normal trading on Monday, 18 January 2010 or when the announcement is released to the market.

Security Code: HZZ

Joel Farina
Senior Adviser, Issuers (Sydney)

healthzone limited

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To: Joel Farina - ASX Limited
From: Healthzone Limited [ASX Code: HZL]
Date: 14 January 2010

Subject: Trading Halt Request

Healthzone Limited ("Healthzone") respectfully requests a trading halt pending the announcement of enterprise growth initiatives, which are currently incomplete.

Healthzone provides the following information in accordance with Listing Rule 17.1:

- The reason for the trading halt is to prevent trading taking place in an uninformed market ahead of the announcement.
- The trading halt is to last until the earlier of Healthzone releasing an announcement in relation to the initiatives, or the commencement of trade on 10am Monday 18th January 2010.
- We expect that the trading halt will be ended by Healthzone making an announcement of the kind referred to above.

Healthzone is not aware of any reason why the trading halt should not be granted.

Yours sincerely



Healthzone Limited
Michael Jenkins
Finance Director