

P 1/3

Form 604

Corporations Act 2001
Section 671B

Notice of change of interests of substantial holder

To Company Name/Scheme Healthzone Limited

ACN/ARSN 118 715 772

1. Details of substantial holder(1)

Name Gain Capital Management Pty Ltd

ACN/ARSN (if applicable) 34 116 021 802

There was a change in the interests of the substantial holder on 22 / 02 / 10

The previous notice was given to the company on 04 / 06 / 09

The previous notice was dated 04 / 06 / 09

2. Previous and present voting power

The total number of votes attached to all the voting shares in the company or voting interests in the scheme that the substantial holder or an associate (2) had a relevant interest (3) in when last required, and when now required, to give a substantial holding notice to the company or scheme, are as follows:

Class of securities (4)	Previous notice		Present notice	
	Person's votes	Voting power (5)	Person's votes	Voting power (5)
ordinary shares	8 130 000	17.27%	7 374 500	13.01%

3. Changes in relevant interests

Particulars of each change in, or change in the nature of, a relevant interest of the substantial holder or an associate in voting securities of the company or scheme, since the substantial holder was last required to give a substantial holding notice to the company or scheme are as follows:

Date of change	Person whose relevant interest changed	Nature of change (6)	Consideration given in relation to change (7)	Class and number of securities affected	Person's votes affected
see annex 1	Absolute Investments	On mkt sales	\$200 504.77	679,000	1.20%
21.07.09	Rivarpark Super	on mkt sales	\$ 13 586 .01	53 500	0.09%

4. Present relevant interests

Particulars of each relevant interest of the substantial holder in voting securities after the change are as follows:

Holder of relevant interest	Registered holder of securities	Person entitled to be registered as holder (8)	Nature of relevant interest (6)	Class and number of securities	Person's votes
Absolute Inv	Absolute Investments	n/a	(Associate of Gain)	1 339 500	2.37%
Gain Capital	Gain Capital	n/a	Beneficial owner	6 040 000	10.70%

5. Changes in association

The persons who have become associates (2) of, ceased to be associates of, or have changed the nature of their association (9) with, the substantial holder in relation to voting interests in the company or scheme are as follows:

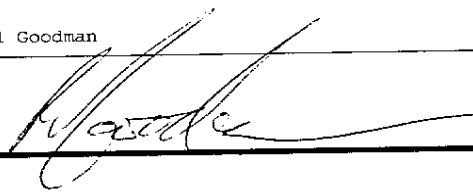
Name and ACN/ARSN (if applicable)	Nature of association
n/a	

6. Addresses

The addresses of persons named in this form are as follows:

Name	Address
Gain Capital Mgt	16 Hill st Toorak 3142
Absolute Investments Aust	16 Hill st Toorak 3142

Signature

print name Russell Goodman capacity Managing Director
 sign here  date 24 / 02 / 2010

DIRECTIONS

- (1) If there are a number of substantial holders with similar or related relevant interests (eg. a corporation and its related corporations, or the manager and trustee of an equity trust), the names could be included in an annexure to the form. If the relevant interests of a group of persons are essentially similar, they may be referred to throughout the form as a specifically named group if the membership of each group, with the names and addresses of members is clearly set out in paragraph 6 of the form.
- (2) See the definition of "associate" in section 9 of the Corporations Act 2001.
- (3) See the definition of "relevant interest" in sections 608 and 671B(7) of the Corporations Act 2001.
- (4) The voting shares of a company constitute one class unless divided into separate classes.
- (5) The person's votes divided by the total votes in the body corporate or scheme multiplied by 100.
- (6) Include details of:
 - (a) any relevant agreement or other circumstances because of which the change in relevant interest occurred. If subsection 671B(4) applies, a copy of any document setting out the terms of any relevant agreement, and a statement by the person giving full and accurate details of any contract, scheme or arrangement, must accompany this form, together with a written statement certifying this contract, scheme or arrangement; and
 - (b) any qualification of the power of a person to exercise, control the exercise of, or influence the exercise of, the voting powers or disposal of the securities to which the relevant interest relates (indicating clearly the particular securities to which the qualification applies).
 See the definition of "relevant agreement" in section 9 of the Corporations Act 2001.
- (7) Details of the consideration must include any and all benefits, money and other, that any person from whom a relevant interest was acquired has, or may, become entitled to receive in relation to that acquisition. Details must be included even if the benefit is conditional on the happening or not of a contingency. Details must be included of any benefit paid on behalf of the substantial holder or its associate in relation to the acquisitions, even if they are not paid directly to the person from whom the relevant interest was acquired.
- (8) If the substantial holder is unable to determine the identity of the person (eg. if the relevant interest arises because of an option) write "unknown".
- (9) Give details, if appropriate, of the present association and any change in that association since the last substantial holding notice.

Annex 1

CPN	Trading Ac	Account N	Product	Trade Date	Time	Order Type	Trade Con	Stock Cod	Quantity	Execution	Trade Value
373154	5329925	ABSOLUT	Share	4/06/2009	15:43:05	Buy		10 HZL	-17000	0.4	-6800
373154	5329925	ABSOLUT	Share	4/06/2009	15:48:34	Buy		0 HZL	-1000	0.4	-400
373154	5329925	ABSOLUT	Share	4/06/2009	15:48:34	Buy		10 HZL	-2000	0.43	-860
373154	5329925	ABSOLUT	Share	20/07/2009	13:59:26	Sell		10 HZL	5000	0.285	1425
373154	5329925	ABSOLUT	Share	20/07/2009	14:19:46	Sell		0 HZL	19800	0.25	4950
373154	5329925	ABSOLUT	Share	21/07/2009	13:43:25	Sell		10 HZL	11900	0.32	3808
373154	5329925	ABSOLUT	Share	21/07/2009	13:43:25	Sell		0 HZL	3100	0.32	992
373154	5329925	ABSOLUT	Share	21/07/2009	13:45:58	Sell		10 HZL	1900	0.32	608
373154	5329925	ABSOLUT	Share	21/07/2009	13:49:04	Sell		0 HZL	2100	0.32	672
373154	5329925	ABSOLUT	Share	21/07/2009	14:42:57	Sell		10 HZL	5200	0.32	1664
373154	5329925	ABSOLUT	Share	21/07/2009	15:20:29	Sell		10 HZL	5000	0.33	1650
373154	5329925	ABSOLUT	Share	21/07/2009	15:49:18	Sell		0 HZL	4678	0.33	1543.74
373154	5329925	ABSOLUT	Share	21/07/2009	15:31:29	Sell		10 HZL	9000	0.29	2610
373154	5329925	ABSOLUT	Share	21/07/2009	15:50:03	Sell		10 HZL	20000	0.33	6600
373154	5329925	ABSOLUT	Share	21/07/2009	15:59:30	Sell		10 HZL	12000	0.285	3420
373154	5329925	ABSOLUT	Share	21/07/2009	16:10:40	Sell		0 HZL	635	0.285	180.975
373154	5329925	ABSOLUT	Share	22/07/2009	10:07:52	Sell		10 HZL	6500	0.3	1950
373154	5329925	ABSOLUT	Share	22/07/2009	10:32:42	Sell		10 HZL	14000	0.255	3570
373154	5329925	ABSOLUT	Share	22/07/2009	11:47:38	Sell		10 HZL	515	0.255	131.325
373154	5329925	ABSOLUT	Share	22/07/2009	11:47:38	Sell		0 HZL	14485	0.25	3621.25
373154	5329925	ABSOLUT	Share	23/07/2009	10:22:03	Sell		10 HZL	3187	0.28	892.36
373154	5329925	ABSOLUT	Share	23/07/2009	13:02:14	Sell		10 HZL	7600	0.3	2280
373154	5329925	ABSOLUT	Share	23/07/2009	14:23:48	Sell		10 HZL	400	0.3	120
373154	5329925	ABSOLUT	Share	23/07/2009	15:41:43	Sell		0 HZL	26813	0.28	7507.64
373154	5329925	ABSOLUT	Share	23/07/2009	16:11:01	Sell	2.273	HZL	10000	0.25	2600
373154	5329925	ABSOLUT	Share	23/07/2009	16:11:01	Sell	1.618	HZL	5187	0.26	1348.62
373154	5329925	ABSOLUT	Share	24/07/2009	10:47:52	Sell		10 HZL	11813	0.26	3071.38
373154	5329925	ABSOLUT	Share	24/07/2009	10:47:52	Sell		0 HZL	7500	0.255	1912.5
373154	5329925	ABSOLUT	Share	24/07/2009	10:47:52	Sell		0 HZL	5687	0.25	1421.75
373154	5329925	ABSOLUT	Share	24/07/2009	11:06:16	Sell		10 HZL	5000	0.25	1250
373154	5329925	ABSOLUT	Share	24/07/2009	11:07:17	Sell		10 HZL	1313	0.25	328.25
373154	5329925	ABSOLUT	Share	24/07/2009	11:07:17	Sell		0 HZL	6000	0.25	1500
373154	5329925	ABSOLUT	Share	24/07/2009	11:08:35	Sell		0 HZL	2687	0.225	604.575
373154	5329925	ABSOLUT	Share	24/07/2009	15:55:43	Sell		10 HZL	500	0.275	137.5
373154	5329925	ABSOLUT	Share	28/07/2009	10:41:06	Sell		10 HZL	7000	0.25	1750
373154	5329925	ABSOLUT	Share	28/07/2009	10:41:07	Sell		0 HZL	12500	0.25	3125
373154	5329925	ABSOLUT	Share	28/07/2009	11:58:55	Sell		10 HZL	3500	0.28	980
373154	5329925	ABSOLUT	Share	28/07/2009	14:50:36	Sell		10 HZL	6500	0.255	1657.5
373154	5329925	ABSOLUT	Share	29/07/2009	15:56:38	Sell		10 HZL	3000	0.255	765
373154	5329925	ABSOLUT	Share	29/07/2009	15:56:38	Sell		0 HZL	17000	0.255	4335
373154	5329925	ABSOLUT	Share	4/08/2009	15:37:27	Sell		10 HZL	3500	0.25	875
373154	5329925	ABSOLUT	Share	4/08/2009	15:49:19	Sell		0 HZL	1500	0.25	375
373154	5329925	ABSOLUT	Share	4/08/2009	15:39:52	Sell		10 HZL	10000	0.235	2350
373154	5329925	ABSOLUT	Share	4/08/2009	15:40:59	Sell		10 HZL	3000	0.23	690
373154	5329925	ABSOLUT	Share	4/08/2009	15:49:19	Sell		0 HZL	2000	0.23	460
373154	5329925	ABSOLUT	Share	5/08/2009	12:35:38	Sell		10 HZL	7500	0.255	1912.5
373154	5329925	ABSOLUT	Share	5/08/2009	12:35:38	Sell		0 HZL	12500	0.25	3125
373154	5329925	ABSOLUT	Share	22/01/2010	10:19:47	Sell		10 HZL	3000	0.37	1110
373154	5329925	ABSOLUT	Share	22/01/2010	11:18:30	Sell		10 HZL	3700	0.37	1369
373154	5329925	ABSOLUT	Share	30/11/2009	10:25:28	Sell		10 HZL	6000	0.4	2400
373154	5329925	ABSOLUT	Share	30/11/2009	10:28:46	Sell		10 HZL	1000	0.4	400
373154	5329925	ABSOLUT	Share	18/01/2010	11:23:36	Sell		10 HZL	2000	0.42	840
373154	5329925	ABSOLUT	Share	18/01/2010	11:36:28	Sell	0.808	HZL	11700	0.37	4329
373154	5329925	ABSOLUT	Share	18/01/2010	11:23:55	Sell		0 HZL	5000	0.415	2075
373154	5329925	ABSOLUT	Share	18/01/2010	11:23:55	Sell		0 HZL	2000	0.41	820
373154	5329925	ABSOLUT	Share	18/01/2010	11:23:55	Sell		0 HZL	2300	0.41	943
373154	5329925	ABSOLUT	Share	18/01/2010	11:43:18	Sell		10 HZL	8000	0.355	2840
373154	5329925	ABSOLUT	Share	18/01/2010	11:43:38	Sell		0 HZL	10000	0.35	3500
373154	5329925	ABSOLUT	Share	19/01/2010	14:29:04	Sell		10 HZL	1500	0.37	555
373154	5329925	ABSOLUT	Share	19/01/2010	14:39:26	Sell		10 HZL	10000	0.35	3500
373154	5329925	ABSOLUT	Share	19/01/2010	14:40:40	Sell	2.6	HZL	20000	0.35	7000
373154	5329925	ABSOLUT	Share	19/01/2010	14:28:23	Sell		10 HZL	1500	0.39	585
373154	5329925	ABSOLUT	Share	19/01/2010	14:28:23	Sell		0 HZL	2000	0.38	760
373154	5329925	ABSOLUT	Share	19/01/2010	14:28:23	Sell		0 HZL	1500	0.37	555
373154	5329925	ABSOLUT	Share	21/01/2010	10:04:44	Sell		10 HZL	100	0.35	35
373154	5329925	ABSOLUT	Share	22/01/2010	15:38:39	Sell		0 HZL	8700	0.355	3088.5
373154	5329925	ABSOLUT	Share	22/01/2010	15:39:49	Sell		10 HZL	1300	0.355	461.5
373154	5329925	ABSOLUT	Share	22/01/2010	15:39:50	Sell		0 HZL	10000	0.35	3500
373154	5329925	ABSOLUT	Share	22/01/2010	15:42:44	Sell		0 HZL	700	0.34	238
373154	5329925	ABSOLUT	Share	22/02/2010	10:17:05	Sell		10 HZL	4000	0.325	1300
373154	5329925	ABSOLUT	Share	22/02/2010	10:19:05	Sell		0 HZL	3000	0.32	960
373154	5329925	ABSOLUT	Share	22/02/2010	10:21:43	Sell		0 HZL	2000	0.32	640
373154	5329925	ABSOLUT	Share	22/02/2010	10:23:56	Sell	0.92	HZL	20000	0.31	6200
373154	5329925	ABSOLUT	Share	22/02/2010	10:24:12	Sell	1.86	HZL	5000	0.31	1550
373154	5329925	ABSOLUT	Share	22/02/2010	10:24:37	Sell	7.44	HZL	20000	0.31	6200
373154	5329925	ABSOLUT	Share	22/02/2010	10:24:42	Sell	1.86	HZL	5000	0.31	1550
373154	5329925	ABSOLUT	Share	22/02/2010	10:24:52	Sell	0.744	HZL	2000	0.31	620
373154	5329925	ABSOLUT	Share	22/02/2010	10:25:23	Sell	0.372	HZL	1000	0.31	310
373154	5329925	ABSOLUT	Share	22/02/2010	10:28:04	Sell	0.915	HZL	2500	0.305	762.5
373154	5329925	ABSOLUT	Share	22/02/2010	10:28:04	Sell	19.26	HZL	53500	0.3	16050
373154	5329925	ABSOLUT	Share	22/02/2010	10:29:47	Sell		10 HZL	6500	0.3	1950
373154	5329925	ABSOLUT	Share	22/02/2010	10:29:47	Sell		0 HZL	10000	0.3	3000
373154	5329925	ABSOLUT	Share	22/02/2010	10:29:47	Sell		0 HZL	8500	0.3	2550
373154	5329925	ABSOLUT	Share	22/02/2010	11:22:31	Sell		10 HZL	1000	0.31	310
373154	5329925	ABSOLUT	Share	22/02/2010	11:22:31	Sell		0 HZL	3000	0.3	900
373154	5329925	ABSOLUT	Share	22/02/2010	11:22:31	Sell		0 HZL	5000	0.3	1500
373154	5329925	ABSOLUT	Share	22/02/2010	12:06:06	Sell		0 HZL	1000	0.3	300
373154	5329925	ABSOLUT	Share	22/02/2010	12:08:12	Sell		10 HZL	2000	0.3	600
373154	5329925	ABSOLUT	Share	22/02/2010	13:55:08	Sell		0 HZL	1735	0.3	520.5
373154	5329925	ABSOLUT	Share	22/02/2010	13:58:41	Sell		10 HZL	4000	0.295	1180
373154	5329925	ABSOLUT	Share	22/02/2010	14:36:10	Sell		10 HZL	7500	0.29	2175
373154	5329925	ABSOLUT	Share	22/02/2010	14:36:10	Sell		0 HZL	7500	0.29	2175
373154	5329925	ABSOLUT	Share	22/02/2010	15:26:41	Sell		0 HZL	1000	0.3	300
373154	5329925	ABSOLUT	Share	22/02/2010	15:48:49	Sell	8	HZL	45265	0.3	13579.5
373154	5329925	ABSOLUT	Share	23/02/2010	10:29:07	Sell		10 HZL	8735	0.3	2620.5
373154	5329925	ABSOLUT	Share	23/02/2010	10:29:14	Sell		0 HZL	17265	0.3	5179.5
373154	5329925	ABSOLUT	Share	23/02/2010	10:29:29	Sell		10 HZL	7735	0.3	2320.5
373154	5329925	ABSOLUT	Share	23/02/2010	10:34:20	Sell		0 HZL	3005	0.3	901.5
373154	5329925	ABSOLUT	Share	23/02/2010	10:36:20	Sell		0 HZL	9260	0.29	2685.4

\$ 518.67 679,000.00 \$200,504.77