

INTERRA RESOURCES LIMITED

Singapore Company Registration No. 197300166Z Australian Business No. 37 129 575 275

SGX Code: Interra Res (5GI), ASX Code: ITR

29 July 2010

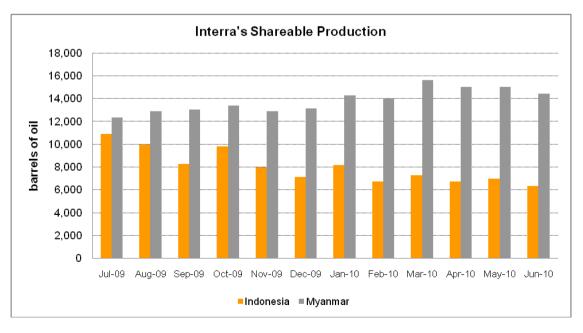


PRODUCTION, DEVELOPMENT & EXPLORATION ACTIVITIES FOR THE QUARTER ENDED 30 JUNE 2010

Highlights in Q2 2010

- Shareable production in Myanmar increased by 1% compared to previous quarter, completed a development well as an oil producer
- Shareable production in Indonesia decreased by 9% compared to previous quarter due to significant equipment down time
- Higher weighted average transacted oil price in Q2 2010 of US\$83 per barrel as compared to previous quarter of US\$78 per barrel

Production Profile	Myanmar		Indonesia	
	Q1 2010 (barrels)	Q2 2010 (barrels)	Q1 2010 (barrels)	Q2 2010 (barrels)
Gross production	197,995	199,115	34,033	30,990
Non-shareable production	(124,852)	(124,919)	(2,351)	(2,275)
Shareable production	73,143	74,196	31,682	28,715
Interra's share of shareable production	43,886	44,518	22,177	20,100
Weighted average transacted oil price (US\$ per barrel)	78.47	82.75	78.48	82.76



Gross production refers to the total volume of oil produced in a specific field. "Non-shareable production" is the quantity of oil or gas which is deducted from gross production and allocated directly to the contract counterparty or host government. The amount of oil or gas remaining is "shareable production" which is then split between the contract counterparty or host government in accordance with the relevant contractual terms. The chart above represent Interra's share of shareable production prior to application of the contractual terms.





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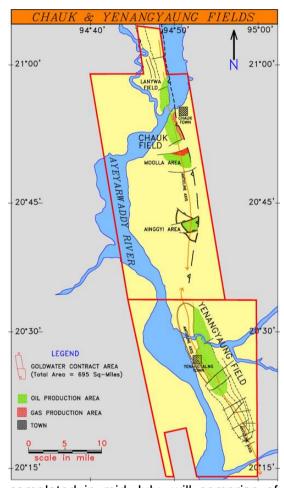
Production Activities

Myanmar: Chauk and Yenangyaung IPRCs (Interra 60%)

During Q2 2010, the combined gross production for both fields was 199,115 barrels of oil, an increase of 1% over the preceding quarter. Production and development costs for the period were US\$1,111,090 and US\$656,733 respectively.

At the Yenangyaung field, Goldpetrol Joint Operating Company Inc. ("GJOC"), the project operator in which Interra owns a 60% interest, completed development well YNG 3238 as an oil producer. drilling and Interra's share of the completion costs was funded by existing internal resources. This well is a continuation of the focus on drilling shallow to intermediate development wells using GJOC's own rig and optimised reactivations of old wells. Plans are currently underway for drilling development well Yenangyaung which is expected to commence in the 3rd quarter of the year.

At the Chauk field, GJOC progressed on schedule with the acquisition of 2D seismic data using an external seismic



acquisition company. The survey, when completed in mid July, will comprise of fifteen 2D seismic lines totalling approximately 278 kilometres. The purpose of the survey is to evaluate further field development opportunities and the possible south flank deeper potential of the field. These data augment existing seismic and will yield a better understanding of the structural architecture of the field, and is expected to lead to new drillable prospects. Interra's share of the cost of seismic survey is being funded from existing funds on hand. Processing of the seismic data by a reputable international seismic processing contractor will commence immediately following the completion of seismic survey and is expected to take twelve weeks.

Ongoing production enhancements continued in both fields with the objective of maintaining (or increasing) current production levels.

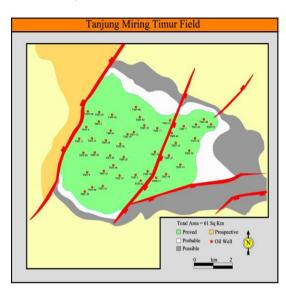


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Indonesia: Tanjung Miring Timur TAC (Interra 70%)

The declining oil production at TMT is under technical review by both Interra and the operator. These include ongoing engineering geologic and reservoir studies as well as critical review of field surface and well bore production hardware and practices. The tender process is underway for the acquisition of 3D seismic data which was budgeted for 2010. In Q2 2010, gross production was 30,990 barrels of oil, a decrease of 9% compared to the previous quarter. Production and development costs for the period were US\$775,842 and US\$470 respectively.

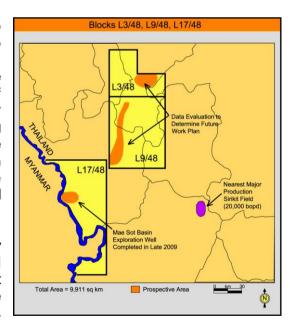


Exploration Activities

Thailand: Blocks L3/48, L9/48 and L17/48 PCAs (Interra 50%)

The Interra technical team continues to evaluate all data with respect to exploration well MS-1 which was drilled in the Mae Sot Basin of Block L17/48 late last year. This consists primarily of attempting to incorporate the newly acquired borehole data with the existing seismic and other subsurface data. The specifics of the subsequent exploration program in Blocks L17/48 and L9/48 are dependent on this ongoing technical evaluation.

As reported in the previous Quarterly Activity Report, Interra had determined that further work in Block L3/48 would not be technically justified and had since informed the Department of Mineral Fuels



that it was to be relinquished at the end of the "First Obligation Period" in April 2010.

Exploration costs for the quarter totalled US\$20,165.



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Australia: PEP 167 (Interra 50%)

The acquisition of the Windermere 3D seismic program was completed in April 2010 and data processing is expected to be concluded by early 3rd quarter of the after which interpretation year, This is expected to give a commence. detailed structural and stratigraphic sub-surface architecture of the and delineate a possible appraisal location of the oil zone encountered in the Windermere-1 well. Additional follow-up leads will also be evaluated by the survey.

Exploration costs for the quarter totalled US\$33,536.



Other Matters

Interra continues to evaluate acreage opportunities both throughout the South East Asia region and Australia.

By Order of the Board of Directors of INTERRA RESOURCES LIMITED

Marcel Tjia Chief Executive Officer

About Interra

Interra Resources Limited, listed on the SGX Catalist and the ASX, is a Singapore-incorporated company engaged in the business of upstream petroleum exploration and production ("E&P"). Our E&P activities include petroleum production, field development and exploration through strategic alliances and partnerships. We are positioning ourselves to becoming a leading regional independent producer of oil and gas.

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