



MARKET RELEASE

16 April 2010

MEC Resources Limited

TRADING HALT

The securities of MEC Resources Limited (the "Company") will be placed in pre-open at the request of the Company, pending the release of an announcement by the Company. Unless ASX decides otherwise, the securities will remain in pre-open until the earlier of the commencement of normal trading on Tuesday, 20 April 2010 or when the announcement is released to the market.

Security Code: MMR
 MMRO

A handwritten signature in black ink, appearing to read 'Nicholas Ong', is written over a horizontal line.

Nicholas Ong
Principal Adviser, Issuers (Perth)



16 April 2010

Companies Announcements Office
Australian Securities Exchange Limited
10th Floor, 20 Bond Street
SYDNEY NSW 2000

Dear Sir/Madam,

RE: REQUEST FOR TRADING HALT

MEC Resources Limited (ASX:MMR) requests for a trading halt from the Australian Securities Exchange (ASX) in accordance with Listing Rule 17.1 pending the announcement to be made by investee company Advent Energy Ltd regarding the status of negotiations for the drilling rig for Petroleum Exploration Permit 11 (PEP11) offshore New South Wales.

MEC is not aware of any reason why this trading halt should not be granted by the ASX.

Yours Sincerely

A handwritten signature in black ink, appearing to read 'D. Breeze'.

David Breeze
Managing Director