Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity:	TASMAN RESOURCES LTD
ABN:	85 009 253 187

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mr Gregory Howard Solomon
Date of last notice	5 October 2010

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct		
	Indirect		
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Arkenstone Pty Ltd (Family Trust) Arkenstone Pty Ltd atf Gregory H & Lee H Solomon Superannuation Fund		
Date of change	17 January 2011		
No. of securities held prior to change	Direct 450,782 Ordinary Shares 60,157 30 June 2012 Options 1,000,000 20 Nov 2012 Options		
	Indirect 28,171,193 Ordinary Shares 5,573,140 30 June 2012 Options		
Class	Ordinary Fully Paid Shares		
Number acquired	100,000		
Number disposed	-		
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$12,959 (avg price \$0.12959 per share)		

⁺ See chapter 19 for defined terms.

No. of securities held after change	Direct	450,782 60,157 1,000,000	Ordinary Shares 30 June 2012 Options 20 Nov 2012 Options
	Indirect	, ,	Ordinary Shares 30 June 2012 Options
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On-market	purchase	

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺ closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.