



15 March 2019

The Manager
ASX Company Announcements
Exchange Centre
20 Bridge Street
Sydney NSW 2000

Dear Sir/Madam

Blackmores Limited (BKL)
Appendix 3Y – Change of Director's Interest Notice

Please find attached an Appendix 3Y - Change of Director's Interest Notice for Richard Henfrey.

Mr Henfrey has advised the Company's Board that that this sale is being made to fund a potential income tax liability arising from shares previously issued to him under the Company's Executive Performance Share Plan.

Yours sincerely,

Cecile Cooper
Company Secretary

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity Blackmores Limited
ABN 35 009 713 437

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Richard Charles Henfrey
Date of last notice	21 January 2019

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct and Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Ms Fiona Henfrey (Spouse)
Date of change	15 March 2019

+ See chapter 19 for defined terms.

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Change of Director's Interest Notice

No. of securities held prior to change	<p>14,051 fully paid ordinary</p> <p>*3,045 Share Rights granted under FY17 Executive Share Plan *</p> <p>*12,852 Share Rights granted under FY18 Executive Share Plan *</p> <p>**9,880 Share Rights granted under FY19 Executive Share Plan</p> <p>*These figures represent the maximum number of Shares that Mr Henfrey may receive under the Executive Share Plan in respect of his FY17 and FY18 invitations respectively, the details of which are outlined in Blackmores Limited's 2018 Annual Report.</p> <p>**This figure represents the maximum number of Shares that Mr Henfrey may receive under the Executive Share Plan in respect of his FY19 invitations, the details of which are outlined in Blackmores Limited's 2018 Annual General Meeting Notice of Meeting.</p>
Class	Ordinary
Number acquired	Nil
Number disposed	2000 Fully paid ordinary
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$93.45 per share

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No. of securities held after change	<p>12,051 fully paid ordinary</p> <p>*3,045 Share Rights granted under FY17 Executive Share Plan *</p> <p>*12,852 Share Rights granted under FY18 Executive Share Plan *</p> <p>**9,880 Share Rights granted under FY19 Executive Share Plan</p> <p>*These figures represent the maximum number of Shares that Mr Henfrey may receive under the Executive Share Plan in respect of his FY17 and FY18 invitations respectively, the details of which are outlined in Blackmores Limited's 2018 Annual Report.</p> <p>**This figure represents the maximum number of Shares that Mr Henfrey may receive under the Executive Share Plan in respect of his FY19 invitations, the details of which are outlined in Blackmores Limited's 2018 Annual General Meeting Notice of Meeting.</p>
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On-market trade

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A

+ See chapter 19 for defined terms.

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No. and class of securities to which interest related prior to change <small>Note: Details are only required for a contract in relation to which the interest has changed</small>	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration <small>Note: If consideration is non-cash, provide details and an estimated valuation</small>	N/A
Interest after change	N/A

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺ closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.