

17 October 2016

The Manager
Company Announcements Office

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Dear Sir,

Change of Director's interest notice

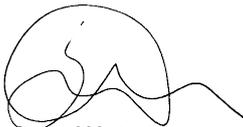
Please find enclosed an Appendix 3Y for each of Norah Barlow and Patrick Grier, being directors of Estia Health Limited ("**Estia**").

The Appendix 3Y forms relate to the acquisition by Norah Barlow and Patrick Grier of ordinary shares in Estia on 20 April 2016 by virtue of their participation in Estia's Dividend Reinvestment Plan. The Appendix 3Ys in respect of these acquisitions are being lodged late.

Estia has arrangements in place which require directors to contact the Company Secretary prior to trading or acquiring shares in Estia. Directors are also required (by contract) to subsequently provide the Company Secretary with details of any trade so as to enable the necessary announcements to be made within the time prescribed by the ASX Listing Rules.

In response to this oversight, Estia will again confirm these notification and disclosure obligations with all directors.

Yours sincerely



Suzy Watson
Company Secretary