

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

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| Name of entity ESTIA HEALTH LIMITED ("Company") |
| ABN 37 160 986 201 |

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

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|----------------------------|---------------------------|
| Name of Director | Ian Patrick Stewart Grier |
| Date of last notice | 29 February 2016 |

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

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|--|--|
| Direct or indirect interest | Indirect |
| Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. | Indirect interest comprises a relevant Interest under section 608(3) of the Corporations Act 2001 (Cth) – registered holders are BT Portfolio Services Limited as custodian for Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund, Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund and GoodlifeOz Pty Limited as trustee for the Grier Family Trust. |
| Date of change | 20 April 2016 |

+ See chapter 19 for defined terms.

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| No. of securities held prior to change | 327,074, comprising: - 24,975 ordinary shares (held through BT Portfolio Services Limited as custodian for Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 43,479 ordinary shares (held through Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 258,620 ordinary shares (held through GoodlifeOz Pty Limited as trustee for the Grier Family Trust) |
| Class | Ordinary shares |
| Number acquired | 5,953 |
| Number disposed | Nil |
| Value/Consideration <small>Note: If consideration is non-cash, provide details and estimated valuation</small> | \$33,098.68 (\$5.56 per share) |
| No. of securities held after change | 333,027, comprising: - 24,975 ordinary shares (held through BT Portfolio Services Limited as custodian for Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 43,479 ordinary shares (held through Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 264,573 ordinary shares (held through GoodlifeOz Pty Limited as trustee for the Grier Family Trust) |
| Nature of change <small>Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back</small> | Allocation of securities under Company's dividend reinvestment plan as announced to market on 20 April 2016. |

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

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|---------------------------|-----|
| Detail of contract | N/A |
| Nature of interest | N/A |

+ See chapter 19 for defined terms.

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|---|-----|
| Name of registered holder (if issued securities) | N/A |
| Date of change | N/A |
| No. and class of securities to which interest related prior to change <small>Note: Details are only required for a contract in relation to which the interest has changed</small> | N/A |
| Interest acquired | N/A |
| Interest disposed | N/A |
| Value/Consideration <small>Note: If consideration is non-cash, provide details and an estimated valuation</small> | N/A |
| Interest after change | N/A |

Part 3 – +Closed period

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| Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required? | Under the Company's Trading Policy, an acquisition of shares under the terms of the Company's dividend reinvestment plan is a permitted dealing which may be undertaken at any time without prior written clearance. |
| If so, was prior written clearance provided to allow the trade to proceed during this period? | N/A |
| If prior written clearance was provided, on what date was this provided? | N/A |

+ See chapter 19 for defined terms.