

Appendix 3X

Initial Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	Healthia Limited
ABN	85 626 087 223

We (the entity) give ASX the following information under listing rule 3.19A.1 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Mrs Lisa Michelle Roach
Date of appointment	22 April 2022

Part 1 - Director's relevant interests in securities of which the director is the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Number & class of securities

1. 264,840 Performance Rights – each being a conditional entitlement to one ordinary share in the Company in accordance with the Company's Performance Rights Plan. The Performance Rights remain subject to the relevant vesting conditions.
2. 22,693 Ordinary Class Shares

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Part 2 – Director's relevant interests in securities of which the director is not the registered holder

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Name of holder & nature of interest <small>Note: Provide details of the circumstances giving rise to the relevant interest.</small>	Number & class of Securities
Matthew John Roach as trustee for The Roach Business Trust. Lisa Roach is the Principal and Primary Beneficiary of this trust.	625,071 Ordinary Class Shares
Roach Super (QLD) Pty Ltd as trustee for the Roach Super Fund. Lisa Roach is a director and shareholder of the trustee and a member of the superannuation fund.	207,255 Ordinary Class Shares

Part 3 – Director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
No. and class of securities to which interest relates	

+ See chapter 19 for defined terms.