

## Form 603

Corporations Act 2001  
Section 671B

### Notice of initial substantial holder

To Company Name/Scheme Nutritional Growth Solutions Ltd (ASX:NGS)

ACN/ARSN ARBN 642 861 774

#### 1. Details of substantial holder (1)

Name Balmain Resources Pty Ltd

ACN/ARSN (if applicable) 076 375 203

The holder became a substantial holder on 13/12/2023

#### 2. Details of voting power

The total number of votes attached to all the voting shares in the company or voting interests in the scheme that the substantial holder or an associate (2) had a relevant interest (3) in on the date the substantial holder became a substantial holder are as follows:

Class of securities (4)	Number of securities	Person's votes (5)	Voting power (6)
Ordinary Shares	14,099,065	14,099,065	5.61%

#### 3. Details of relevant interests

The nature of the relevant interest the substantial holder or an associate had in the following voting securities on the date the substantial holder became a substantial holder are as follows:

Holder of relevant interest	Nature of relevant interest (7)	Class and number of securities
Balmain Resources Pty Ltd	Directly Held	ORD 11,149,065
Cadex Petroleum Pty Limited	Directly Held	ORD 2,170,000
Plough Lane Superannuation Pty Ltd	Directly Held	ORD 780,000

#### 4. Details of present registered holders

The persons registered as holders of the securities referred to in paragraph 3 above are as follows:

Holder of relevant interest	Registered holder of securities	Person entitled to be registered as holder (8)	Class and number of securities
Balmain Resources Pty Ltd	Balmain Resources Pty Ltd	Balmain Resources Pty Ltd	ORD 11,149,065
Cadex Petroleum Pty Limited	Cadex Petroleum Pty Limited	Cadex Petroleum Pty Limited	ORD 2,170,000
Plough Lane Superannuation Pty Ltd	Plough Lane Superannuation Pty Ltd	Plough Lane Superannuation Pty Ltd	ORD 780,000

#### 5. Consideration

The consideration paid for each relevant interest referred to in paragraph 3 above, and acquired in the four months prior to the day that the substantial holder became a substantial holder is as follows:

Holder of relevant interest	Date of acquisition	Consideration (9)		Class and number of securities
		Cash	Non-cash	

Refer to annexure A				

#### 6. Associates

The reasons the persons named in paragraph 3 above are associates of the substantial holder are as follows:

Name and ACN/ARSN (if applicable)	Nature of association
Cadex Petroleum Pty Limited	Dr John Tarrant is the sole shareholder and sole director of both Balmain Resources Pty Ltd and Cadex Petroleum Pty Limited
Plough Lane Superannuation Pty Ltd	Dr John Tarrant is the sole shareholder and sole director of both Balmain Resources Pty Ltd and Plough Lane Superannuation Pty Ltd

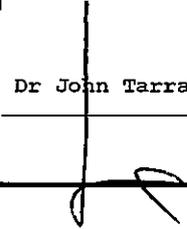
#### 7. Addresses

The addresses of persons named in this form are as follows:

Name	Address
Balmain Resources Pty Ltd Cadex Petroleum Pty Limited Plough Lane Superannuation Pty Ltd	81 The Comenarra Parkway Turrumurra NSW 2074
Dr John Tarrant	81 THE Comenarra Parkway Turrumurra NSW 2074

#### Signature

print name      Dr John Tarrant      capacity      Sole Director & Shareholder of  
Balmain Resources Pty Ltd

sign here            date      13/12/2023

#### DIRECTIONS

- (1) If there are a number of substantial holders with similar or related relevant interests (eg. a corporation and its related corporations, or the manager and trustee of an equity trust), the names could be included in an annexure to the form. If the relevant interests of a group of persons are essentially similar, they may be referred to throughout the form as a specifically named group if the membership of each group, with the names and addresses of members is clearly set out in paragraph 7 of the form.
- (2) See the definition of "associate" in section 9 of the Corporations Act 2001.
- (3) See the definition of "relevant interest" in sections 608 and 671B(7) of the Corporations Act 2001.
- (4) The voting shares of a company constitute one class unless divided into separate classes.
- (5) The total number of votes attached to all the voting shares in the company or voting interests in the scheme (if any) that the person or an associate has a relevant interest in.
- (6) The person's votes divided by the total votes in the body corporate or scheme multiplied by 100.
- (7) Include details of:
  - (a) any relevant agreement or other circumstances by which the relevant interest was acquired. If subsection 671B(4) applies, a copy of any document setting out the terms of any relevant agreement, and a statement by the person giving full and accurate details of any contract, scheme or arrangement, must accompany this form, together with a written statement certifying this contract, scheme or arrangement; and
  - (b) any qualification of the power of a person to exercise, control the exercise of, or influence the exercise of, the voting powers or disposal of the securities to which the relevant interest relates (indicating clearly the particular securities to which the qualification applies).

See the definition of "relevant agreement" in section 9 of the Corporations Act 2001.

- (8) If the substantial holder is unable to determine the identity of the person ( eg. if the relevant interest arises because of an option) write "unknown".
- (9) Details of the consideration must include any and all benefits, money and other, that any person from whom a relevant interest was acquired has, or may, become entitled to receive in relation to that acquisition. Details must be included even if the benefit is conditional on the happening or not of a contingency. Details must be included of any benefit paid on behalf of the substantial holder or its associate in relation to the acquisitions, even if they are not paid directly to the person from whom the relevant interest was acquired.

## Annexure "A"

This is Annexure "A" of 1 page referred to in the Form 603 (Notice of Initial Substantial Holder ) signed by me and dated 13 December 2023

### Balmain Resources Pty Ltd

14/11/2023	800,000	7,219.95
16/11/2023	730,000	8,779.95
17/11/2023	1,000,000	12,019.95
17/11/2023	1,000,000	12,019.95
17/11/2023	182,000	2,198.95
21/11/2023	643,996	7,747.90
21/11/2023	1	9.96
23/11/2023	999,999	11,009.99
24/11/2023	947,767	10,445.39
27/11/2023	24,000	264.00
1/12/2023	1,100,000	13,219.95
1/12/2023	243,472	2,693.14
1/12/2023	28,233	310.56
4/12/2023	450,000	4,955.01
6/12/2023	1,110,759	13,349.06
6/12/2023	1,110,758	13,349.05
7/12/2023	106,528	1,171.81
7/12/2023	181,472	2,013.14
12/12/2023	490,080	5,885.97
	<u>11,149,065</u>	<u>\$ 128,663.68</u>

### Cadex Petroleum Pty Limited

16/11/2023	520,000	6,259.95
13/12/2023	1,650,000	21,302.14
	<u>2,170,000</u>	<u>\$ 27,562.09</u>

### Plough Lane Superannuation Pty Ltd

16/11/2023	780,000	9,379.95
	<u>780,000</u>	<u>\$ 9,379.95</u>
<b>Total</b>	<u>14,099,065</u>	<u>\$ 165,605.72</u>