

Form 604Corporations Act 2001
Section 671B**Notice of change of interests of substantial holder**To Company Name/Scheme Nutritional Growth Solutions Ltd (ASX:NGS)ACN/ARSN ARBN 642 861 774**1. Details of substantial holder (1)**Name Balmain Resources Pty LtdACN/ARSN (if applicable) ACN 076 375 203There was a change in the interests of the
substantial holder on 02/02/2024The previous notice was given to the company on 13/12/2023The previous notice was dated 13/12/2023**2. Previous and present voting power**

The total number of votes attached to all the voting shares in the company or voting interests in the scheme that the substantial holder or an associate (2) had a relevant interest (3) in when last required, and when now required, to give a substantial holding notice to the company or scheme, are as follows:

Class of securities (4)	Previous notice		Present notice	
	Person's votes	Voting power (5)	Person's votes	Voting power (5)
Ordinary Shares	14,099,065	5.61%	18,653,511	7.42%

3. Changes in relevant interests

Particulars of each change in, or change in the nature of, a relevant interest of the substantial holder or an associate in voting securities of the company or scheme, since the substantial holder was last required to give a substantial holding notice to the company or scheme are as follows:

Date of change	Person whose relevant interest changed	Nature of change (6)	Consideration given in relation to change (7)	Class and number of securities affected	Person's votes affected
See annexure "A"					

4. Present relevant interests

Particulars of each relevant interest of the substantial holder in voting securities after the change are as follows:

Holder of relevant interest	Registered holder of securities	Person entitled to be registered as holder (8)	Nature of relevant interest (6)	Class and number of securities	Person's votes
Balmain Resources Pty Ltd	Balmain Resources Pty Ltd	Balmain Resources Pty Ltd	Directly Held	ORD 12,107,513	4.82%
Cadex Petroleum Pty Limited	Cadex Petroleum Pty Limited	Cadex Petroleum Pty Limited	Directly Held	ORD 5,639,000	2.24%

Plough Lane Superannuation Pty Ltd	Plough Lane Superannuation Pty Ltd	Plough Lane Superannuation Pty Ltd	Directly Held	ORD 906,998	0.36%
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5. Changes in association

The persons who have become associates (2) of, ceased to be associates of, or have changed the nature of their association (9) with, the substantial holder in relation to voting interests in the company or scheme are as follows:

Name and ACN/ARSN (if applicable)	Nature of association
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6. Addresses

The addresses of persons named in this form are as follows:

Name	Address
Balmain Resources Pty Ltd	81 The Comenarra Parkway Turramurra NSW 2074
Cadex Petroleum Pty Limited Plough Lane Superannuation Pty Ltd	81 The Comenarra Parkway Turramurra NSW 2074

Signature

print name John Tarrant capacity Sole Director & Shareholder of
Balmain Resources Pty Ltd

sign here date 05/02/2024

DIRECTIONS

- (1) If there are a number of substantial holders with similar or related relevant interests (eg. a corporation and its related corporations, or the manager and trustee of an equity trust), the names could be included in an annexure to the form. If the relevant interests of a group of persons are essentially similar, they may be referred to throughout the form as a specifically named group if the membership of each group, with the names and addresses of members is clearly set out in paragraph 6 of the form.
- (2) See the definition of "associate" in section 9 of the Corporations Act 2001.
- (3) See the definition of "relevant interest" in sections 608 and 671B(7) of the Corporations Act 2001.
- (4) The voting shares of a company constitute one class unless divided into separate classes.
- (5) The person's votes divided by the total votes in the body corporate or scheme multiplied by 100.
- (6) Include details of:
 - (a) any relevant agreement or other circumstances because of which the change in relevant interest occurred. If subsection 671B(4) applies, a copy of any document setting out the terms of any relevant agreement, and a statement by the person giving full and accurate details of any contract, scheme or arrangement, must accompany this form, together with a written statement certifying this contract, scheme or arrangement; and
 - (b) any qualification of the power of a person to exercise, control the exercise of, or influence the exercise of, the voting powers or disposal of the securities to which the relevant interest relates (indicating clearly the particular securities to which the qualification applies).

See the definition of "relevant agreement" in section 9 of the Corporations Act 2001.
- (7) Details of the consideration must include any and all benefits, money and other, that any person from whom a relevant interest was acquired has, or may, become entitled to receive in relation to that acquisition. Details must be included even if the benefit is conditional on the happening or not of a contingency. Details must be included of any benefit paid on behalf of the substantial holder or its associate in relation to the acquisitions, even if they are not paid directly to the person from whom the relevant interest was acquired.

- (8) If the substantial holder is unable to determine the identity of the person (eg. if the relevant interest arises because of an option) write "unknown".
- (9) Give details, if appropriate, of the present association and any change in that association since the last substantial holding notice.

Annexure "A"

**This is Annexure "A" of 1 page referred to in the Form 604
(Notice of change of interests of substantial shareholder)
signed by me and dated 5 February 2024**

Balmain Resources Pty Ltd

15/12/2023	280,000	3,374.95
15/12/2023	328,448	3,941.38
17/01/2024	350,000	4,564.95
	<u>958,448</u>	<u>\$ 11,881.28</u>

Cadex Petroleum Pty Limited

20/12/2023	1,016	22.14
22/12/2023	899	10.79
16/01/2024	300,000	3,914.95
17/01/2024	499,938	6,509.19
31/01/2024	3,000	39.00
1/02/2024	195,147	2,536.91
1/02/2024	1,000,000	13,019.95
2/02/2024	600,000	7,819.95
2/02/2024	160,000	2,094.95
2/02/2024	210,000	2,730.00
2/02/2024	400,000	5,219.95
2/02/2024	99,000	1,202.95
	<u>3,469,000</u>	<u>\$ 45,120.73</u>

Plough Lane Superannuation Pty Ltd

5/02/2024	126,998	1,411.93
	<u>126,998</u>	<u>\$ 1,411.93</u>
Total	<u>4,554,446</u>	<u>\$ 58,413.94</u>

Note: All on-market purchases